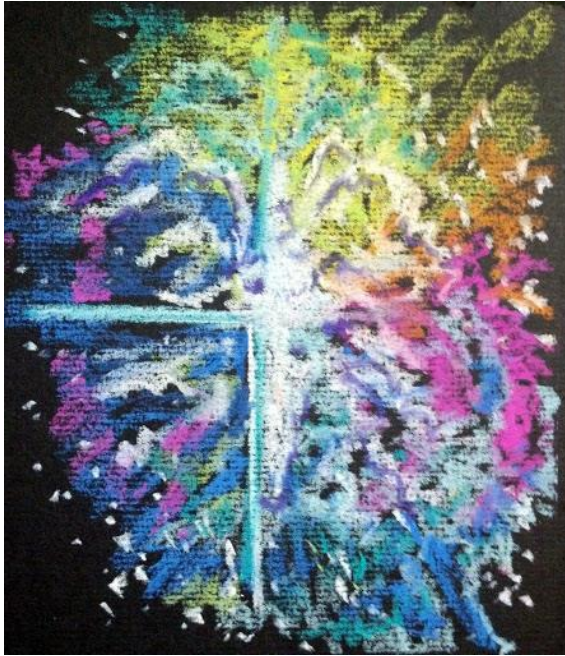


Blessing and Grace: *Finding hope in troubled times*



Life comes at us fast these days. So much information to process, so many things to do, too little time, nowhere to retreat. If you are feeling these pressures, whether personally or publicly (or both!), please come join us for some time away. We will be seeking strength for challenges, hearing hopeful music based on resistance traditions, scripture about God's promises, meditations on blessing and grace in our lives, as well as spending time in reflection. Come, be refreshed by fellowship, language and love.

Saturday, 21 October

10 AM until 3 PM

St. Patrick's Episcopal Church

3241 Brush Dr.

Falls Church, VA 22042

Retreat leader Chrissie Crosby, a perpetual student of the Bible, holds an MA in Biblical Interpretation from Virginia Theological Seminary, and a certificate in Theology and the Arts from Wesley Theological Seminary. She leads retreats incorporating the Bible and any variety of the arts to encourage new ways of seeing God at work in our world.

RSVP: (703) 532-5656