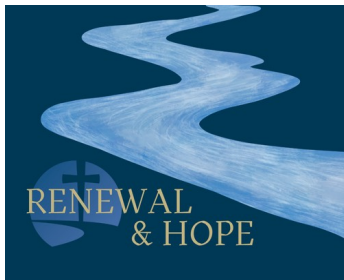


# Lent 2026

Ash Wednesday services: Noon at St John's, 6:30 pm at St Patrick's



This Lent, Seminary of the Southwest is offering a new Lenten project that invites the wider church into a season of renewal and hope.

Designed to accompany the first five weeks of Lent, the series creates space for prayer, conversation, and faithful reflection on repentance, discipleship, and the promise of new life. Shaped by the voices of five women members of our faculty, these gatherings reflect both the depth of Southwest's theological life and our commitment to forming leaders for ministry, service, and healing.

Rooted in the Lenten journey, this project offers a hopeful reminder that even in times of change, God is at work bringing new life.

Let's gather online Sundays at 6:30 pm for an hour of study and conversation:

Zoom Meeting ID: 832 8008 1604 Passcode: 031842

If you are unable to gather Sunday evenings, flyers for the program are posted at church with QR code access to the program videos and discussion questions, or you can find them at [ssw.edu](http://ssw.edu)



**Palm Sunday (March 29)** services open Holy Week, with the Reading of the Passion, and a silent departure from worship. As we are able, we will form a procession to remember Jesus' triumphant entry into Jerusalem, and then the betrayal, trial, and crucifixion that followed so quickly. **9 a.m. at St. John's; 11 a.m. at St Patrick's. In-Person and accessible online.**

**Stations of the Cross** It was not long after Jesus' death and resurrection that people began to express their devotion by retracing the path Jesus walked on his way from his trial to his Cross. The prayerful rite known as the Stations of the Cross soon became a common devotional practice among Christian pilgrims and over time those who could not travel to Jerusalem for the rite began to symbolically retrace Jesus' steps.



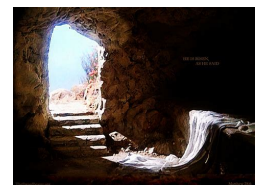
**Palm Sunday afternoon at 4, Saint Patrick's**

**Maundy Thursday (April 2)**, in remembrance of Jesus' modeling servanthood even until his arrest, we will gather for a simple meal and readings, of tending each other by following Jesus' practice of foot-washing, and then the stripping of the altar that symbolizes his arrest and imprisonment. **Noon at St. Patrick's; 6:30 p.m. at St John's. In-Person and accessible online.**

**Good Friday (April 3)** our Churches will be open, from 11 a.m. through sunset; at **Noon at St Patrick's**, to pray through the Solemn Collects, and to venerate the Cross which was the means of Our Lord's death. That evening, **St John's service is at 6:30 p.m.**, with the same service, presented in the midst of candles lit against the gathering gloom. In-Person and accessible online.

**Easter Morning** 9 o'clock at St John's & 11 o'clock at St Patrick's

Worship, with Coffee Hour to follow at each Church.



St John's Episcopal Church, 415 South Lexington, Arlington  
& St Patrick's Episcopal Church, 3241 Brush Drive, Falls Church

